

RESULTS OF MEDICAL CHECKUP
(健康診査受診結果通知表)

Name in Kana(フリガナ)					
Name (氏名)					
Date of birth (生年月日)	year(年) month(月) day(日)		Date of checkup (健診年月日)	year(年) month(月) day(日)	
Sex (性別)		Age *1 (年齢)	Years (歳)	Card no. for the checkup (健康診査受診券番号)	

Anamnesis (既往歴)			
Medication history (服薬歴)		Smoking history (喫煙歴)	
Subjective symptom (自覚症状)			
Objective symptom (他覚症状)			

Items (項目)		Standard value (基準値)	Present result (今回)	Last result (前回)	Result before last (前々回)
Basic items (基本項目)	Body measurement (身体測定)	Height (cm) (身長)	—		
		Weight (kg) (体重)	—		
		BMI	25		
	Blood pressure (血圧)	Systolic (mmHg) (収縮期血圧)	130		
		Diastolic (mmHg) (拡張期血圧)	85		
	Blood lipid (血中脂質検査)	Fasting neutral fat (mg/dl) (空腹時中性脂肪)	150		
		Casual neutral fat (mg/dl) (随時中性脂肪)	175		
		HDL-cholesterol (mg/dl) (HDL-コレステロール)	40		
		LDL-cholesterol*2 (mg/dl) (LDL-コレステロール)	120		
		Non-HDL-cholesterol*2 (mg/dl) (non-HDLコレステロール)	150		
	Hepatic function (肝機能検査)	AST (GOT) (U/L)	31		
		ALT (GPT) (U/L)	31		
		γ-GT (γ-GTP) (U/L)	51		
	Blood glucose test (Any of the following items is acceptable) (血糖検査(いずれかの項目の 実施で可))	Fasting blood glucose (mg/dl) (空腹時血糖)	100		
		HbA1c (NGSP value) (%) (HbA1c(NGSP値))	5.6		
		Casual blood glucose (mg/dl) (随時血糖)	100		
	Urinalysis (尿検査)	Glucose (urine) (糖)	(-)		
		Protein (urine) (蛋白)	(-)		

*1. The age shown represents the age at the end of the fiscal year. (表示年齢は、当該年度末年齢)
*2. For LDL cholesterol, if neutral fat is 400 mg/dl or higher, or if the blood sample is taken postprandially, the measurement is replaced with the non-HDL-cholesterol value. (LDLコレステロールについては、中性脂肪が400mg/dl以上又は食後採血の場合はnon-HDLコレステロールの測定に代えられる)

Items (項目)			Standard value (基準値)	Present result (今回)	Last result (前回)	Result before last (前々回)
Detailed items (詳細項目)	Anemia test (貧血検査)	Red blood cell count (10,000/mm ³) (赤血球数)	Male: 410 to 530			
			Female: 380 to 480			
		Hemoglobin level (g/dl) (血色素量)	Male: 13.1			
			Female: 12.1			
		Hematocrit level (%) (ヘマトクリット値)	39 to 52			
	Serum Creatinine test (血清クレアチニン検査)	Serum creatinine level (mg/dl) (血清クレアチニン値)	—			
		eGFR (ml/min/1.73m ²)	60			
	Items (項目)		Present result (今回)	Last result (前回)	Result before last (前々回)	
	Electrocardiogram (心電図検査)	Findings (所見)				
	Fundus examination (眼底検査)	Findings (所見)				

Metabolic syndrome diagnosis (メタボリックシンドローム判定)	Present result (今回)	Last result (前回)	Result before last (前々回)

Doctor's diagnosis (医師の判断)	Doctor's findings (evaluation) (医師の所見(判定))	
	Doctor's name (医師の氏名)	